


Mon	Tue	Wed	Thu	Fri
<p>Milk 8oz= one serving Meat 2oz= one serving Fruit 1/4 cup= one serving Vegetable 1/2 cup= one serving Grains 1oz =one serving Milk 8 oz., 1 cup= one serving Bread 1 slice/1 oz. = one serving 8 oz. = 1 cup 6 oz.=3/4 cup</p>		<p>2 Pizza Pepperoni (2oz meat, 2oz bread (W)) Orange (1/2c) Green Beans (1/2c) 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) (W) & Low Fat Milk(1c)</p>	<p>3 Chicken Nuggets (2oz) 1 slice bread (1oz) (W) Apple (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Wheat Thins Veggie Chips (W) (1.75oz) Apple Juice (6oz)</p>	<p>4 PB Jelly Sandwich (2oz peanut butter, 1 slice bread (W)) Peaches (1/2c) Carrots (1/2c) 1% Milk (1c) 1oz cheese stick</p> <p>Snack: 2 Teddy Grahams 1oz & Milk (1c)</p>
<p>7 Chicken Sandwich (3.1oz meat, 2oz bread (W)) Orange (1/2c) Salad and Pickles (1/2c) Green Beans (1/4c) 1% Milk (1c)</p> <p>Snack: Snack Mix Simply Chex Stwbry (1oz)(W) & Apple Juice (6oz)</p>	<p>8 Corn Dog Minis (2.0oz meat, 2oz bread (W)) Peaches (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple Juice (6oz)</p>	<p>9 Pizza Pepperoni (2oz meat, 2oz bread (W)) Orange (1/2c) Green Beans (1/2c) 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) (W) & Low Fat Milk(1c)</p>	<p>10 Chicken Nuggets (2oz) 1 slice bread (1oz) (W) Apple (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Wheat Thins Veggie Chips (W) (1.75oz) Apple Juice (6oz)</p>	<p>11 PB Jelly Sandwich (2oz peanut butter, 1 slice bread (W)) Peaches (1/2c) Carrots (1/2c) 1% Milk (1c) 1oz cheese stick</p> <p>Snack: 2 Teddy Grahams 1oz & Milk (1c)</p>
<p>14 Chicken Sandwich (3.1oz meat, 2oz bread (W)) Orange (1/2c) Salad and Pickles (1/2c) Green Beans (1/4c) 1% Milk (1c)</p> <p>Snack: Snack Mix Simply Chex Stwbry (1oz)(W) & Apple Juice (6oz)</p>	<p>15 Corn Dog Minis (2.0oz meat, 2oz bread (W)) Peaches (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple Juice (6oz)</p>	<p>16 Pizza Pepperoni (2oz meat, 2oz bread (W)) Orange (1/2c) Green Beans (1/2c) 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) (W) & Low Fat Milk(1c)</p>	<p>27 Chicken Nuggets (2oz) 1 slice bread (1oz) (W) Apple (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Wheat Thins Veggie Chips (W) (1.75oz) Apple Juice (6oz)</p>	<p>18 PB Jelly Sandwich (2oz peanut butter, 1 slice bread (W)) Peaches (1/2c) Carrots (1/2c) 1% Milk (1c) 1oz cheese stick</p> <p>Snack: 2 Teddy Grahams 1oz & Milk (1c)</p>
<p>21 Chicken Sandwich (3.1oz meat, 2oz bread (W)) Orange (1/2c) Salad and Pickles (1/2c) Green Beans (1/4c) 1% Milk (1c)</p> <p>Snack: Snack Mix Simply Chex Stwbry (1oz)(W) & Apple Juice (6oz)</p>	<p>22 Corn Dog Minis (2.0oz meat, 2oz bread (W)) Peaches (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple Juice (6oz)</p>	<p>23 Pizza Pepperoni (2oz meat, 2oz bread (W)) Orange (1/2c) Green Beans (1/2c) 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) (W) & Low Fat Milk(1c)</p>	<p>24 Chicken Nuggets (2oz) 1 slice bread (1oz) (W) Apple (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Wheat Thins Veggie Chips (W) (1.75oz) Apple Juice (6oz)</p>	<p>25 PB Jelly Sandwich (2oz peanut butter, 1 slice bread (W)) Peaches (1/2c) Carrots (1/2c) 1% Milk (1c) 1oz cheese stick</p> <p>Snack: 2 Teddy Grahams 1oz & Milk (1c)</p>
<p>28 Chicken Sandwich (3.1oz meat, 2oz bread (W)) Orange (1/2c) Salad and Pickles (1/2c) Green Beans (1/4c) 1% Milk (1c)</p> <p>Snack: Snack Mix Simply Chex Stwbry (1oz)(W) & Apple Juice (6oz)</p>	<p>29 Corn Dog Minis (2.0oz meat, 2oz bread (W)) Peaches (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple Juice (6oz)</p>	<p>30 Pizza Pepperoni (2oz meat, 2oz bread (W)) Orange (1/2c) Green Beans (1/2c) 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) (W) & Low Fat Milk(1c)</p>	<p>31 Chicken Nuggets (2oz) 1 slice bread (1oz) (W) Apple (1/2c) Corn (1/2c) 1% Milk (1c)</p> <p>Snack: Wheat Thins Veggie Chips (W) (1.75oz) Apple Juice (6oz)</p>	