


Mon	Tue	Wed	Thu	Fri
<p>2 GB-Cereal (10z) VF- Banana 4oz M- Low-Fat Milk 1 cup</p> <p>Chicken Nuggets (2oz , 1 slice bread) Apple (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>3 GB-Muffin (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Chicken Sandwich (3.1 oz,2oz bread) Orange Salad and Pickles (1/2c) 1% Milk (1c)</p>	<p>4</p> 	<p>5 GB- Pigs in a Blanket (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Corn Dog (2oz, 2oz bread) Orange (1/2c) Carrots (1/4c) 1% Milk (1c)</p>	<p>6 GB-Egg & Cheese Omelet (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>PB Jelly Sandwich (2oz peanut butter, 1 slice bread) Peaches (1/2c) Carrots (1/4c) 1% Milk (1c) 10z cheese stick</p>
<p>9 GB-Cereal (10z) VF- Banana 4oz M- Low-Fat Milk 1 cup</p> <p>Chicken Nuggets (2oz , 1 slice bread) Apple (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>10 GB-Muffin (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Chicken Sandwich (3.1 oz,2oz bread) Orange Salad and Pickles (1/2c) 1% Milk (1c)</p>	<p>11 GB- Sausage and Pancake (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Sandwich (2oz, 2oz bread) Peaches (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>12 GB- Pigs in a Blanket (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Corn Dog (2oz, 2oz bread) Orange (1/2c) Carrots (1/4c) 1% Milk (1c)</p>	<p>13 GB-Egg & Cheese Omelet (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>PB Jelly Sandwich (2oz peanut butter, 1 slice bread) Peaches (1/2c) Carrots (1/4c) 1% Milk (1c) 10z cheese stick</p>
<p>16 GB-Cereal (10z) VF- Banana 4oz M- Low-Fat Milk 1 cup</p> <p>Chicken Nuggets (2oz , 1 slice bread) Apple (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>17 GB-Muffin (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Chicken Sandwich (3.1 oz,2oz bread) Orange Salad and Pickles (1/2c) 1% Milk (1c)</p>	<p>18 GB- Sausage and Pancake (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Sandwich (2oz, 2oz bread) Peaches (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>19 GB- Pigs in a Blanket (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Corn Dog (2oz, 2oz bread) Orange (1/2c) Carrots (1/4c) 1% Milk (1c)</p>	<p>20 GB-Egg & Cheese Omelet (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>PB Jelly Sandwich (2oz peanut butter, 1 slice bread) Peaches (1/2c) Carrots (1/4c) 1% Milk (1c) 10z cheese stick</p>
<p>23 GB-Cereal (10z) VF- Banana 4oz M- Low-Fat Milk 1 cup</p> <p>Chicken Nuggets (2oz , 1 slice bread) Apple (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>24 GB-Muffin (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Chicken Sandwich (3.1 oz,2oz bread) Orange Salad and Pickles (1/2c) 1% Milk (1c)</p>	<p>25 GB- Sausage and Pancake (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Sandwich (2oz, 2oz bread) Peaches (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>26 GB- Pigs in a Blanket (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Turkey Corn Dog (2oz, 2oz bread) Orange (1/2c) Carrots (1/4c) 1% Milk (1c)</p>	<p>27 GB-Egg & Cheese Omelet (2oz) VF- Orange 4oz M- Low-Fat Milk 1 Cup</p> <p>PB Jelly Sandwich (2oz peanut butter, 1 slice bread) Peaches (1/2c) Carrots (1/4c) 1% Milk (1c) 10z cheese stick</p>
<p>30 GB-Cereal (10z) VF- Banana 4oz M- Low-Fat Milk 1 cup</p> <p>Chicken Nuggets (2oz , 1 slice bread) Apple (1/2c) Corn (1/4c) 1% Milk (1c)</p>	<p>31 GB-Muffin (2oz) VF- Apple 4oz M- Low-Fat Milk 1 Cup</p> <p>Chicken Sandwich (3.1 oz,2oz bread) Orange Salad and Pickles (1/2c) 1% Milk (1c)</p>		<p>Meat 1oz= one serving Fruit 3/4 cup= one serving Vegetable 3/4 cup= one serving</p>	<p>Milk 8 oz., 1 cup= one serving Bread 1 slice/3/4 oz,1 oz., 1/2 cup = one serving 8 oz.= 1 cup 6 oz.=3/4 cup 4 oz.=1/2 cup</p>