

Boys & Girls Clubs of Edinburg does not discriminate based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity.

Mon	Tue	Wed	Thu	Fri
<p>2 Chicken Burger (10z.,4) Orange Salad and Pickles 4oz Green Beans 2oz 1% Milk (1c)</p> <p>Snack: GB-Muffin 2oz Apple juice (6 oz.)</p>	<p>3 Beef Steak Fingers Sandwich (2oz, 2oz) Peaches (1/2c) Salad and Pickles 4oz Corn 2 oz 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple (4oz)</p>	<p>4 Hot dog (1.6 z meat, 4oz bread) Chili (1oz.) Orange (1/2c) Carrots (4oz) 1% Milk (1c)</p> <p>Snack: GB-Pretzels 2oz Apple Juice (6oz)</p>	<p>5 Bologna Sandwich (2oz, 2oz bread) Apple (1/2c) Salad (1/2c) Corn 2oz 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz) WG M—Low Fat Milk—1 cup</p>	<p>6 PB Jelly Sandwich (2oz peanut butter, 1 slice bread) WG Peaches (1/2c) Carrots (4oz) 1% Milk (1c) 1 oz cheese stick</p> <p>Snack: GB-Teddy Graham Cracker 1oz & Orange (4oz)</p>
<p>9 Chicken Burger (10z.,4) Orange Salad and Pickles 4oz Green Beans 2oz 1% Milk (1c)</p> <p>Snack: GB-Muffin 2oz Apple juice (6 oz.)</p>	<p>10 Beef Steak Fingers Sandwich (2oz, 2oz) Peaches (1/2c) Salad and Pickles 4oz Corn 2 oz 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple (4oz)</p>	<p>11 Hot dog (1.6 z meat, 4oz bread) Chili (1oz.) Orange (1/2c) Carrots (4oz) 1% Milk (1c)</p> <p>Snack: GB-Pretzels 2oz Apple Juice (6oz)</p>	<p>12 Bologna Sandwich (2oz, 2oz bread) Apple (1/2c) Salad (1/2c) Corn 2oz 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz)WG M—Low Fat Milk—1 cup</p>	<p>13 PB Jelly Sandwich (2oz peanut butter, 1 slice bread) WG Peaches (1/2c) Carrots (4oz) 1% Milk (1c) 1 oz cheese stick</p> <p>Snack: GB-Teddy Graham Cracker 1oz & Orange (4oz)</p>
<p>16 Chicken Burger (10z.,4) Orange Salad and Pickles 4oz Green Beans 2oz 1% Milk (1c)</p> <p>Snack: GB-Muffin 2oz Apple juice (6 oz.)</p>	<p>17 Beef Steak Fingers Sandwich (2oz, 2oz) Peaches (1/2c) Salad and Pickles 4oz Corn 2 oz 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple (4oz)</p>	<p>18 Hot dog (1.6 z meat, 4oz bread) Chili (1oz.) Orange (1/2c) Carrots (4oz) 1% Milk (1c)</p> <p>Snack: GB-Pretzels 2oz Apple Juice (6oz)</p>	<p>19 Bologna Sandwich (2oz, 2oz bread) Apple (1/2c) Salad (1/2c) Corn 2oz 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz)WG M—Low Fat Milk—1 cup</p>	<p>20 PB Jelly Sandwich (2oz peanut butter, 1 slice bread) WG Peaches (1/2c) Carrots (4oz) 1% Milk (1c) 1 oz cheese stick</p> <p>Snack: GB-Teddy Graham Cracker 1oz & Orange (4oz)</p>
<p>23 Chicken Burger (10z.,4) Orange Salad and Pickles 4oz Green Beans 2oz 1% Milk (1c)</p> <p>Snack: GB-Muffin 2oz Apple juice (6 oz.)</p>	<p>24 Beef Steak Fingers Sandwich (2oz, 2oz) Peaches (1/2c) Salad and Pickles 4oz Corn 2 oz 1% Milk (1c)</p> <p>Snack: Peanut butter cheese crackers (1.42oz) & Apple (4oz)</p>	<p>25 Hot dog (1.6 z meat, 4oz bread) Chili (1oz.) Orange (1/2c) Carrots (4oz) 1% Milk (1c)</p> <p>Snack: GB-Pretzels 2oz Apple Juice (6oz)</p>	<p>26 Bologna Sandwich (2oz, 2oz bread) Apple (1/2c) Salad (1/2c) Corn 2oz 1% Milk (1c)</p> <p>Snack: GB –2 Graham crackers pkgs. (1oz)WG M—Low Fat Milk—1 cup</p>	<p>27 PB Jelly Sandwich (2oz peanut butter, 1 slice bread) WG Peaches (1/2c) Carrots (4oz) 1% Milk (1c) 1 oz cheese stick</p> <p>Snack: GB-Teddy Graham Cracker 1oz & Orange (4oz)</p>
<p>30 Chicken Burger (10z.,4) Orange Salad and Pickles 4oz Green Beans 2oz 1% Milk (1c)</p> <p>Snack: GB-Muffin 2oz Apple juice (6 oz.)</p>				<p>Meat 1oz= one serving Fruit 3/4 cup= one serving Vegetable 3/4 cup= one serving</p> <p>Milk 8 oz., 1 cup= one serving Bread 1 slice/3/4 oz, 1 oz., 1/2 cup = one serving 8 oz.= 1 cup 6 oz.=3/4 cup 4 oz.=1/2 cup</p>